

Freezer Camp 2025

Please only bring old clothes, and remember that it'll most likely be very cold and wet! You must be able to pack your own bag, look after yourself and your stuff!

Activities

Walking boots

Catering

Cake to share
See leaders at start.

Knife, fork & spoon

Plate, bowl & mug
Unbreakable items are best (e.g. metal).

2x Tea-towel

Water bottle
At least 750ml.

Clothing

Gloves

2x Jumper

2x Socks (pair)
add more if you think you will need them.

2x T-Shirt

Thermals

Trainers

2x Trousers
Quick drying (not jeans/tracksuits).

2x Underwear

Uniform (Neckerchief only)

Warm hat

Waterproof top

Waterproof trousers

Dedicated waterproof trousers that go over normal trousers.

Equipment

Camp chair

Head torch

Ruck-sack
Small rucksack for day visits (big enough for lunch, waterproofs and water bottle).

Spare batteries for torch

Watch

Overnight

Bin bag
For wet clothes etc.

Pillow

Sleeping Bag
Sleeping Bag (Either a 4-season winter bag or two normal bags, one inside the other)

Sleeping mat
A foam or self-inflating mat - not an airbed.

Wash kit

Personal

First aid kit

Medicines
Named and labeled with dosage instructions. See leaders at the start.

Please Leave at Home

Anything easily breakable

Electronic items

Phones